

WELCOME HOME HOUSING NEWSLETTER

Non-profit # 04-3795698

WHH is a non-profit tax exempt 501c3 organization. We provide affordable homes for adults with mental illness in an environment that encourages individual development and personal self worth.

www.welcomehomehousing.org

April 2012

NEWS FROM THE HOUSES



OUTING TO THE AEROSPACE MUSEUM

This was such an informative, fascinating tour. The tour agents were friendly and so knowledgeable. From the beginning, walking through the indoor storage of smaller planes, engines, Mars landing craft, Sputnik, and Moon landing suits, everyone was engaged. Everyone was curious and excited about being in this historical, vibrant museum.

One stop was a state-of-the-art computer center with simulated software and actual piloting apparatus for each to sit at with an instructor/pilot. The instructor taught us how to fly the plane, keep the wings level, to accelerate, and land. Wow! Another instructor told of the importance of weather conditions and the differing kinds of clouds and temperatures and what they mean.

The next part of the tour was outside and led by two Vietnam Vet tour guides with knowledge and enthusiasm. And we could see why. We walked among retired WWII planes, Viet Nam aircraft, transport aircraft, Coast Guard planes, an F-15, a Blue Angel jet, a jet used in the movie, *Top Gun* and more. Several of the planes had steps up so we could walk inside of them. Fascinating!!

We concluded by taking a ride in the simulator so we could feel what it was like to ride in different planes/jets with the corresponding scenic screen in front of us. Such fun!



Jesuit teacher volunteers

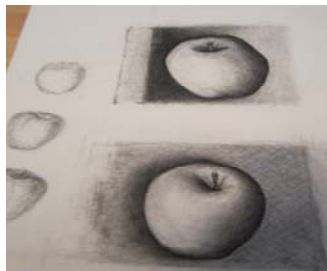
JESUIT VOLUNTEERS

Thanks to Kimberly Pell, who works at Jesuit High School, we had six wonderful Jesuit employees who volunteered to spend 4 hours on a rainy Friday morning cleaning out, throwing out and reorganizing three garages. We can now find things we had forgotten we had. Thank you Jesuit employees and especially Kimberly!



ART_ART_ART ABOUNDS

Deborah Coughlin, one of our Board members, is an accomplished artist. Deborah is teaching an art class once a week to four residents. There is serious talent!! Look below at some of the still lifes and I think you'll agree.



Welcome Home Housing

Non-profit Tax ID # 04-3795698

ANTIQUUE EVALUATION DAY

A Mental Health Fund Raiser

SATURDAY

APRIL 21

11am – 3pm

ARDEN AREA

2425 Sierra Blvd - Sacramento

Unitarian Universalistic Society of Sacramento

Located between Howe and Fulton just north of Fair Oaks Blvd.



Antique experts and appraisers available for evaluation include Sacramento's Mr. Antique, Gary Cox, John Ross, Sylvia Fitzgerald, Gary Schiff and many others.



Is it Treasure or Trash?- Insure it or Toss it?

Bring your books, documents, paintings, photographs, jewelry, toys, posters, textiles, glass, china, pottery, dolls, decorative arts, armament, Indian artifacts, Asian art, inherited items and garage sale finds for evaluation.

Suggested donation: One item \$8 or 5 items \$35.

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Proceeds to benefit Welcome Home Housing- A housing program for adults with mental illness.

Call Lynn Smith for additional information. 916-505-5232 cell or 530-666-0202

Please feel free to make an appointment with the appraisers should you need an appraisal for insurance purposes, estate or probate or tax purposes or want to sell or buy items.

OPENINGS

We have one opening for a woman. Call Lynn at 916-505-5232 for information.

JOIN US AGAIN THIS YEAR AT THE ANTIQUE EVALUATION DAY

We've had so many unusual and some valuable items in the past: Jewelry valued at over \$20,000, old books etc. Perhaps you have that special item this year. You are welcome to make appointments with our appraisers after the event to get appraisals for insurance purposes or to buy or sell items. They are all experts in their field. For furniture, please call Lynn at 916-505-5232. Don't bring a huge piece, just a photo and/or a part of it such as a drawer. Please tell your friends and neighbors.

IS IT TIME TO CLEAN OUT YOUR CLOSETS?

Don't give your old stuff to Goodwill or toss it out, we want it! California Clothing Recyclers is a company that has developed a program to assist small non profits with fundraising. They will take the following items: shoes, clothing, hats, scarves, sheets, blankets, purses, belts, stuffed animals, towels and table linens.

We will collect the items and they will recycle the items to primarily third world countries. So save your old stuff for us. Put them into large black plastic bags and bring them to:

3401 Spartan Way in Rosemont

6448 Stanley Way in Carmichael

816 Elm St in Woodland

They can be left on the front porches.

Please no appliances, dishes or pillows – only items from the above list.

NEW BOARD MEMBER

We have been blessed with a wonderful and enthusiastic new Board member, Gina Dokes. She has agreed to work with Taryn Smith to find grants for WHH.

Gina is a Sacramento native who was raised in the Rosemont/Rancho Cordova area.

Gina has over 12.5 years of state service .The majority of her career has been emergency service and/or response related. Prior to her employment with the State of California, she was employed for 5.5 years with Sacramento Metro Fire Protection District.

Gina has co-chaired informational women's workshops, and has provided parenting strategies while serving as Parentaide in the greater Sacramento area. Although Ms. Dokes has enjoyed these experiences, she is looking forward to the opportunity to serve with WHH. Gina holds an Associate of Arts Degree in Paralegal Studies.



TAKE A NAMIWALK IN THE PARK!

The Third Annual NAMIWalk benefiting NAMI affiliates in Sacramento, Amador, El Dorado, San Joaquin, Stanislaus and Yolo Counties **is coming soon**. It will be held on Saturday, April 28, 2012 in Land Park from 9:00 a.m. until noon. **If all NAMI members and friends help**, this Walk will succeed, and NAMI will be able provide more help and hope to families and consumers throughout our region.

Please go to the NAMIWalk website at www.nami.org/walks or go to the NAMIWalk link on the NAMI Sacramento website at www.namisacramento.org. If you need assistance, contact Pat Pavone at pat@namisacramento.org or (916) 397-7831.

GOOD BYE TO LYNN CATHY

This is a sad farewell. Lynn Cathy's term on our Board has expired and she decided she needed to spend more time with the NAMI Family to Family program and her own family. We have been enriched by her wisdom and experience. She will be greatly missed.

Welcome Home Housing
c/o Lynn Smith
816 Elm Street
Woodland, Ca 95695

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