

# WELCOME HOME HOUSING NEWSLETTER

Non-profit # 04-3795698

WHH is a non-profit tax exempt 501c3 organization. We provide affordable homes for adults with mental illness in an environment that encourages individual development and personal self worth.

[www.welcomehomehousing.org](http://www.welcomehomehousing.org)

June 2012



## NEWS FROM THE HOUSES

### Zoot Suit

Our residents attended the play “Zoot Suit” at CSUS. Depending on who you talked to, it was either a great production with wonderful dancing and songs or it was depressing and not worth the time. It is no wonder that reviewers have such a difficult time. Thanks to Sylvia Young and Lindsay McCarthy for driving.

### Veggie Gardens

We recently planted two veggie gardens, one at each of the men’s houses. The residents always share the extra zucchinis, peppers and tomatoes with the houses that aren’t able to have a garden. Not counting the nutrition in home grown vegetables, there is real pride in cooking something you planted and grew. Thanks to Lyla Bynor for her donation designated for the gardens.

### Antique Day News

### From Emus to Baseballs

We enjoyed great weather and had lots of fun at our 3<sup>rd</sup> annual Antique evaluation day. This year, while we had some real finds, most folks were delighted to learn about the history of the items they brought.

One couple brought a strange metal owl with moving parts. They had had picked it up at an estate sale 35 years ago and didn’t know what it was. Gary Cox, one of our evaluators, finally figured out that it was a cigar lighter.

A signed baseball from the winning Washington Senators, 1937 pennant, was valued at over \$10,000. WOW! Another lady brought in a \$12 garage sale find: a Persian prayer rug estimated at \$500. She said it was nice to know it wasn’t so valuable that she couldn’t actually enjoy and use it.

. A stuffed Emu valued at \$100 brought laughs. An old Japanese rifle from the early 1600’s



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## STUDENT VOLUNTEERS

We received an email from students at CSUS who hosted a Volunteer Faire for non profits. I attended and was extremely pleased with the young people who signed up to help us. The next, young generation is a giving and caring group of people. I don't care what the media says, for those of us over 50, trust me, our country is in good hands with these young people: even if they seem to have their noses constantly in their I Pads or cell phones.

## EWASTE RECYCLING

Unfortunately, the company who donated old broken TV's to us is no longer in business. This means we have lost around \$2,000 in income. As a result, we are looking for another store that repairs TVs and/or computers and would like to have someone pick up the old un-repairable electronics. We save the owners the effort and expense of taking the old electronics to a landfill. This also keeps electronics out of landfills and helps keep our water supply and land unpolluted. Should you be aware of such a business, please let us know. Ewaste is an ongoing fund raiser for us. TV's, monitors, computers and cell phones and ink jet cartridges can be dropped off at 9317 Americana Way . Call Roger at 723-3341 or 208-3035 for more information.



## CLOTHING RECYCLING

We've recently learned of another way to raise funds for Welcome Home. California Clothing Recyclers will pay us for collecting old clothing for them. They in turn pass the old clothes to third world countries. This provides an opportunity for people in those countries to start businesses and to allow people to buy clothing at low or no cost. It's a win, win opportunity. Instead of giving your old things to Good Will, bring them to our drop off stations. Fill black plastic bags with the following items: men or women's clothing, purses, shoes, linens (bath, table or bed- no pillows), stuffed animals, belts. No kitchen or household items.

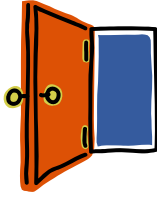
Drop them off at

3401 Spartan Way – front porch – Near Folsom and Watt

6448 Stanley Way – Carmichael – front porch

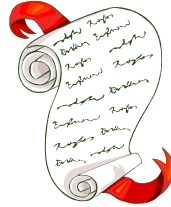
816 Elm St – Woodland – front porch

If you have a lot of bags, call Lynn at 916-505-5232 for pick up. We will be doing a major collection at the end of Aug, until Sept 8. So clean out your closets and give them to us for recycling. Call Lindsay at 916-549-2614 cell or 858-5436 for additional information.



## OPENINGS

We will have an opening for a woman in June. The resident must be able to take her own medications without prompting. Call Lynn at 916-505-5232 for more information and for an interview. We interview all prospective residents to be sure we have a good fit. We don't want to set someone up for failure if we can help it.



## WISH LIST

Fans of all sizes and shapes-Instead of running the AC all the time, the residents want to help with the electric bills and run fans which use less electricity.

One couch for a family room- It is in a men's house and gets lots of use. A white or light couch just wouldn't do, but a nice patterned couch would be perfect.

## NEW BOARD MEMBER

Lindsay Mc Carthy is a Sacramento native. She attended St. Francis High School. She went to college at the University of California San Diego and received an MBA from Santa Clara University. She worked at VSP Global in Rancho Cordova, for eight years, and her most recent position is Business Development Manager at VSP's software subsidiary, Eyefinity. She has a five year old daughter named Madigan. Lindsay volunteered for this organization to make a difference in her community, and particularly she joined the Board because she believes it will be a rewarding leadership opportunity.

At her first meeting, she volunteered to chair the clothing drive. We are delighted to have her.

## DIRECTOR COMMENTS

While we all have had frustration with mental illness and the system in which our family members must function, I have recently discovered some wonderful and professional people who work with and for our folks. T-Core and Wellness and Recovery have been wonderful while helping us deal with a very ill individual. We are lucky to have such dedicated people in Sacramento.

Unfortunately, we have seen a big gap that needs to be filled. That gap is for emergency, intensive care short term housing (1-6 months.) Not hospitalization. There isn't enough of it except for shelters and that is not the place for people who are mentally ill. Turning Point has a program, but it isn't enough. Wish I had a couple of million dollars to make it happen.

Welcome Home Housing  
c/o Lynn Smith  
816 Elm Street  
Woodland, Ca 95695

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**WELCOME HOME HOUSING-NEWSLETTER**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**AMOUNT OF DONATION:** \$15 \_\_\_\_\_ \$25 \_\_\_\_\_ \$35 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ \$200 \_\_\_\_\_ other \$ \_\_\_\_\_

We are a non-profit 501c3 organization. Your contribution is fully tax deductible. Tax ID#04-3795698.  
We receive no Federal, State or County money. We are dependent on your generosity.

**To recycle your old computers, cell phones, TV's, and Monitors or to donate your old automobile, truck, boat , motorcycle or clothing call Roger at 723-3341**