

# WELCOME HOME HOUSING NEWSLETTER

WHH is a non-profit tax exempt 501c3 organization. We provide affordable homes for adults with mental illness in an environment that encourages individual development and personal self-worth.

March, April 2013



## **NEWS FROM THE HOUSES**

### **I GOT THE JOB!!!!**

Those are words to make a heart skip a beat!!! We heard those words from 3 of our residents this past month! Three of our residents were accepted by Turning Point to work at the new Respite House as Peer Counselors. They've gone through the very intensive training program Turning Point offers and are now official. They will be on call.

Just wish I had a video camera to record the joy I saw on their faces and the thrill in their voices knowing that they had actually gone through a real job interview and had gotten the job. One said "I was so nervous. I've never interviewed for a job before". Our thanks to Turning Point for giving our residents a chance! They will work hard for you!

Our Life skills Coach, Sylvia Young, will also make additional use of her skills and will be working for the Respite House eight hours a week. Debbie Coughlin from WHH, will be providing house support by setting up menu plans and shopping.

The Grant we received from the Mental Health Services Act Sacramento County Innovation funds, managed by Sierra Health Foundation: Center for Health Program Management required that this be a collaborative effort. NAMI will be offering Family to Family classes to residents' parents and offering peer to peer classes to residents. I see a great collaborative happening with everyone coming out as a winner, especially our residents. "I got the job!!!"

## **OUR THANKS TO JESUIT VOLUNTEERS**

Five Jesuit High School staff, including the new President/Principal, Father David and Kimberly Pell volunteered to work for 4 hours at the houses. We put them to work cleaning out garages, delivering food, loading trucks with old TV's for recycling and even replacing smoke alarm batteries. Five people working 4 hours equaled 20 hours of volunteer efforts! Many Thanks. If you would like to volunteer, we want to plan a painting day at one of the houses. Let Lynn (916-505-5232) or Debbie (899-0951) know if you are available.

## **DONATION FORM**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

AMOUNT OF DONATION: \$15 \_\_\_\_\_ \$25 \_\_\_\_\_ \$35 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ \$200 \_\_\_\_\_ other \$ \_\_\_\_\_

We are a non-profit 501c3 organization. Your contribution is fully tax deductible. Tax ID#04-3795698. We receive no Federal, State or County money. We are dependent on your generosity.

To recycle your old computers, cell phones, TV's, and Monitors or to donate your old automobile, truck, boat or cycle or to donate old clothing call Lynn at 916-505-5232

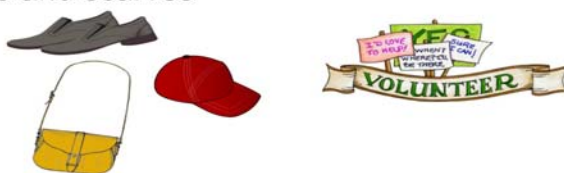


Welcome Home Housing is a non-profit organization in Sacramento, California that provides affordable housing and services to individuals with mental illness. We have four houses conveniently located in the Rosemont area and we provide a variety of services to our residents to insure their success.

Donate your used clothes and other items to us and we will recycle them to generate funds for Welcome Home Housing. All donations are tax deductible. Visit <http://www.welcomehomehousing.org> for more information about our organization.

**We can accept the following:**

- Clothing including belts and scarves
- Shoes
- Hats
- Purses
- Sheets and blankets
- Towels
- Table linens
- Stuffed animals



Place your items in a large plastic bag and bring them to the following location on April 13th from 11 am to 3 pm:"

**Unitarian Universalist Society of Sacramento**  
2425 Sierra Blvd  
Sacramento, CA 95825

## Changes at WHH with NEW BOARD MEMBER- Robert Weber

Due to receiving the Respite House Grant, we were able to hire Board Member, Debbie Coughlin as staff. She has been one of our most active Board members, but had to resign from the Board in order to take a paid staff position. Our wonderful webmaster, Robert Weber agreed to join the Board. Robt. works for the State and has been doing a fabulous job keeping our website up to date and easy to navigate. Bob is the proud owner of one of the kittens from last year.

## ANTIQUÉ EVALUATION DAY

This is our biggest fundraiser. Bring your treasures to get them evaluated, and also tell your friends, neighbors and co-workers about it. I've enclosed an extra flier for you to pass on to others.

This year we have Brian Witherell as one of our appraisers. Brian has appeared on PBS Antique Road show as one of their appraisers. He's from Sacramento and he'll join our other Sacramento specialists and they can't be beat!! Jewelry, paintings, Asian items, furniture, watches and so many other fun items can be evaluated. Last year a couple brought in a strange metal owl they had had for 35 years and wanted to know what it was. Appraiser, Gary Cox finally figured out that it was a cigar lighter where the smoker could add booze to the flavor of the cigar. What fun!! Sometimes knowing the history of an item has more actual value.

Should you require the services of the Respite House, please call 287-4860 for intake information

Welcome Home Housing  
c/o Lynn Smith  
816 Elm Street  
Woodland, Ca 95695

Non profit Org  
US Postage Paid  
Sacramento, Ca  
Permit No 808

Return Service Requested

**WELCOME HOME HOUSING PRESENTS A MENTAL HEALTH FUNDRAISER**

**ANTIQUÉ EVALUATION DAY**

**SATURDAY**

**APRIL 13**

**11am – 3pm**

**ARDEN AREA**

**2425 Sierra Blvd -**

**Sacramento**

Unitarian Universalistic Society of Sacramento

Located between Howe and Fulton just north of Fair Oaks Blvd.

Antique experts and appraisers available for evaluation include Sacramento's Mr. Antique Generalist, Gary Cox, Brian Witherell from the PBS Antique Road Show, Charles Gray, art expert, Bob and Mary Hensley, western, Indian, time pieces, Randy Abbott, Asian Art and Chuck Breitsprecher, jewelry, Gary Schiff and Keith Burns.



Is it Treasure or Trash? - Insure it or Toss it?

Bring your books, documents, paintings, photographs, jewelry, toys, posters, textiles, glass, china, pottery, dolls, decorative arts, armament, Asian art, Indian artifacts, inherited items and garage sale finds for evaluation.

Suggested donation: One item \$8 or 5 items \$35