

# WELCOME HOME HOUSING NEWSLETTER

WHH is a non-profit tax exempt 501c3 organization. We provide affordable homes for adults with mental illness in an environment that encourages individual development and personal self-worth.

November/December 2013



## FROM THE HOUSES

### OUTINGS

We all enjoyed a **History Mystery** trip to Old Sacramento and a tour of the underground. It was fun to not only hear the history of Sacramento but to also see underground parts of old Sac before it was raised up to the present level. We were all astounded at how they raised the buildings above flood level. Most of us thought that they just brought in fill dirt and knocked the buildings down and rebuilt them. But they didn't, they raised the buildings while living in them using jacks. Everyone enjoyed the pizza lunch at Round Table, which is located in an underground area of Old Sacramento. See photo below.



In November, we took a **Nature Nurture** short drive to the Nimbus Fish Hatchery. There were quite a few residents who had never been to the fish hatchery before and enjoyed watching the fish. Several had seen the fish going up the fish ladders as children, but it was a totally difference experience as an adult.

The ladies at one of the houses decided to host a **Halloween party for everyone**. What fun!! Costumes ranged from puppy dogs to bunnies, to skeletons, witches and clowns. They succeeded in doing a great job decorating their home. Pizza, baked chicken thighs and veggie trays were served. The artist in all of us emerged as we attempted to draw a pumpkin on a paper plate while the plate was on our heads. Only one person managed to create anything that looked like a pumpkin. The rest of us drew something that looked like a preschooler's scribbles.



Scary????!



Staff. Would you trust your kids with these ladies??

## **RESPITE HOUSE – ABIDING HOPE**

We are pleased at how much the respite house is used. It's almost always filled. It has been a life saver for numerous people who felt lost and forgotten. The Turning Point staff is warm and welcoming. The neighbors have been welcoming too. A neighbor actually offered some extra stuff to a few people who were in need. Maybe mental illness is finally out of the closet and able to move into your neighborhood too. To learn about potential openings call Kaintus at 916-287-4860.

## **CLOTHING - OLD ELECTRONICS – BOOKS - BOATS – CARS – STUFF –INK JETS**

Don't forget that we recycle old TVs, monitors, computers, clothing, shoes and linens and cars and boats. Call Lynn at 916-505-5232 to learn where to take your "stuff." Don't fill your garbage cans with things that can be recycled. As the expression goes, "one man's junk is another man's treasure". We can take microwave ovens now too.

## **GARAGE SALE**

If you have extra books sitting around: children's, cook books, text books, fiction and non-fiction, or other items you would normally donate to Salvation Army or Goodwill, we will take gladly them. We are developing a plan for a garage sale on March 29: unless it rains, then we will postpone it to a sunny day.



## **WE WELCOME TWO NEW BOARD MEMBERS**

### **Shauna Verkade**

We are thrilled to have Shauna on our Board. She has a BA in Psychology and Masters in Public Administration and Health Services Management. She has served as a Counselor for Eskaton Transition Housing Program. Later she joined Turning Point where she worked as the Clinic Manager for their Northgate Point outpatient mental health clinic and later she was promoted to Program Director. She also was involved with the AB34 Homeless Intervention Program until she had to resign to take over the family business. We are looking forward to a long and fruitful relationship with Shauna.

### **Jim Hooper**

Jim has been around Welcome Home for a number of years. After retiring, he assisted Lynn with Food Link, and has made numerous repairs at the houses, painting, and furniture lifting. He always has a smile and a welcoming way. Best of all he has a large package of good common sense.

## **PAINTING PARTY**

After the Holidays, on January 10 and 11, we will be painting the kitchen and family room of one house. We will need able-bodied people to scrub the walls on one day and paint on another. We've been in this house for 10 years and there is no doubt that these rooms need to be freshened up with a good coat of paint. Call Lynn at 916-505-5232 to volunteer.



## ADVICE FROM A 90 YEAR OLD WOMAN

**“You may be only one person in this world, but you may also be the world to one person.”**

**Consider volunteering an hour a week. Call Lynn at 916-505-5232 to be a cooking coach or cleaning coach . If you can read a recipe, you can assist one person.**

**We are also in need of two more Board members. We are a working Board.**

## THANK YOU TO ALL MATCHING DONORS –YOU DID IT!!!

Many thanks to the folks who stepped up and allowed us to match the \$1500 challenge match from our anonymous donor. **You did it!** There is no guarantee we will receive a similar match for next year as the money came from the donor’s IRA funds and he/she was able to take the tax advantage which may not be available next year. We thank the donor for thinking about us and for their generosity.

## WELCOME HOME HOUSING CALENDAR FOR 2014

Circle your calendars. We invite you to join us.

January 10&11	Painting Party
March 29	Garage Sale
April 12	Antique Evaluation Day
May 6	Day of Giving
June	Outing -Effie Yaw Nature Walk or Bowling
Aug	Outing - Nature Nurture Bat Day Outing

Board meetings are on the second Tues. in the odd months at 6pm. Call Lynn at 916-505-5232 for location.

## HOUSE OPENINGS

We have **an immediate opening** for a man. He must be able to take his medications without prompting and must be clean and sober. There will be **another opening in December**. Please call Lynn at 916-505-5232 or Debbie at 916-899-0951 for an interview or more information. We interview all prospective residents to determine if they can benefit from our program. We do not want to set up anyone for failure. Too many of our family members have already had enough failures.

## WANT LIST

Two side tables with a drawer. Two small lamps. One small student or computer desk.

Bedroom sized area rugs and a long runner for a hallway.

Welcome Home Housing  
c/o Lynn Smith  
816 Elm Street  
Woodland, Ca. 95695

Nonprofit Org  
US Postage Paid  
Sacramento, CA  
Permit No 808

Return Service Requested

## HAPPY HOLIDAYS FROM WELCOME HOME HOUSING

WELCOME HOME HOUSING QUARTERLY NEWSLETTER
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NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

AMOUNT OF DONATION: \$15 \_\_\_\_\_ \$25 \_\_\_\_\_ \$35 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ \$200 \_\_\_\_\_ other \$ \_\_\_\_\_

We are a non-profit 501c3 organization. Your contribution is fully tax deductible. Tax ID#04-3795698. We receive no Federal, State or County money. We are dependent on your generosity.

**To recycle your old computers, cell phones, ink jets and toners, TV's, and Monitors or to donate your old automobile, truck, boat or cycle or to donate old clothing call Lynn at 916-505-5232 – 530-666-0202**  
**We can now take microwaves.**