

WELCOME HOME HOUSING NEWSLETTER

We provide safe affordable homes for adults with mental illness in an environment where we encourage personal development, self- worth and life skills learning.

JUNE/JULY



NEWS FROM THE HOUSES



BATS and BASEBALL

On July 2nd we will attend another River Cats game and watch while the players swing their bats around, hit balls, miss balls and maybe win a game. One resident always brings his mitt in hopes of catching a foul ball. Attending an evening Rivercat's game has become a favorite annual outing for many of the residents. I think we'd have a mutiny if we didn't offer this outing.

STATE FAIR- On July 23, those who want are able to attend the State Fair again. As tempting as they may smell, I don't think anyone is planning to eat fried Twinkies.

FOUR NEW RESIDENTS- We are delighted to welcome four new residents. It's been a busy couple of weeks getting them settled and acclimated. The four who left each had their own reasons for leaving from wanted to try it "on my own", to requiring a place which could take care of physical concerns, to moving back home with family for financial reasons. We wish them all the best.



BIG DAY OF GIVING

May 6th was the Big Day of Giving in Sacramento. Over \$2 million dollars was raised for 394 non- profits in the greater Sacramento area. "High Fives" to the 35 supporters who donated to Welcome Home Housing. Thanks to your generosity, WHH raised just over \$3500. If you wanted to donate but were uncomfortable doing so on line or didn't have a computer, please let us know. The Foundation and our Board are analyzing how to make the yearly event even better and easier for our donors. Your input can make a difference. Use the enclosed envelope to mail your note and comments.

People often wonder how we use their donations. Our program involves renting houses, providing food for 16 residents, plus working with the residents while they learn life skills. Our food bill alone last year was just over \$29,000. It sounds like a lot, but it amounts to less than \$35 a week per person. Thanks to excellent and inventive advice from our worker Sylvia Young, the folks eat healthy meals.

The residents' fees cover the cost of food, rent ,utilities and an occasional outing. The required insurance,(\$6,000) worker's comp, staff and unexpected costs like replacing broken washing machines, windows, vacuums and refrigerators are what your donations and our fundraising help us provide. Thank you to all who support us.



ANTIQUE EVALUATION DAY

Our annual antique evaluation day in April was a big success. Everyone had a great time, even while waiting in line.



Among the treasures brought in were a handmade needlework sampler made in 1831, valued at \$5,000, bronze statuary, valuable old baseball cards, clocks, lots of Asian items, paintings both great and small, jewelry, dolls, dishes and so much more. As they packed up, our wonderful and professional appraisers said, we'll see you next year". We plan to repeat the event next April. See you next year with your treasures.



SWAN – Sacramento Women's Action Network

We are indebted to the wonderful ladies of SWAN. They are a group of women who meet once a month and donate to non-profits who are mostly local and small. For small non-profits every donation is precious. This past month their theme was mental health. They chose Welcome Home Housing to be the recipient for May. Their generosity along with the generosity of others has allowed us to hire someone as a cooking coach for the four new residents moving in. We love our volunteers, but they are sometimes on vacation or have been unable to volunteer when we needed them. The gift from SWAN will allow us to provide the stability our residents need to become the best cooks ever!

RESPITE HOUSE

Good news from the respite house. Turning Point and the Sacramento Regional Foundation has informed us the funding for the house has been extended for another year. When it first started I truly questioned if there was a real need for respite. I'm happy to admit I was wrong. There was a serious and an ongoing need for respite services. There is even discussion about the need for another house. Turning Point is responsible for staff and we are responsible for the house. This is a quote from one person who was able to stay at the house:

“I want to thank Abiding Hope staff for opening their door to me in a safe, quiet and peaceful place of enjoyment during my stay. The entire staff was kind, caring, respectful and patient. They listened when I had something on my mind or if something was bothering me. They gave a ride to a Doctor apt, picked up meds and made sure we got to where we wanted to go. It is a great place to rest, to get your thoughts and plans right.you really do feel at home there.”

Call the respite house at 287-4860 for more information about services.



BOARD MEMBER NEEDED

We have an opening for another board member. We meet six times a year- on the odd months on the second Tues at 6pm. We meet near Folsom Blvd and Power Inn Road at the Granite office complex on Power Inn Rd. Our Board is a working board. We request you come to a meeting before making a commitment. Please call Lynn at 916-505-5232 if you have any questions. Our next Board meeting is on July 8. Consider bringing your new perspective to the organization. Among our needs is a person who understands social media. We all admit to having little knowledge of how to use it except to keep in touch with our kids and grandkids.

FACEBOOK

As a result of the Big Day of Giving, we were brought kicking and screaming into the world of social media. For those who are facebook followers, check us out and “like” us. Feel free to make any comments on our page.

WEBPAGE

Our webpage is www.welcomehomehousing.org. Bob Weber is our fabulous webmaster. Check us out.

Welcome Home Housing
c/o Lynn Smith
816 Elm St
Woodland, Ca 95695

Non profit Org.
US Postage Paid
Sacramento. Ca
Permit No 808

Return Service Requested

WELCOME HOME HOUSING NEWSLETTER

We provide safe affordable homes for adults with mental illness in an environment where we encourage personal development, self- worth and life skills learning.

<u>WELCOME HOME HOUSING DONATION FORM</u>	
NAME	_____
ADDRESS	_____
CITY	_____ ZIP _____
Email address	_____
DONATION	_____ \$20 _____ \$40 _____ \$50 _____ \$100 _____ OTHER

BATS



There was a bat everyone enjoyed and it wasn't the kind used in baseball. Instead it was the flying and bug eating kind. We went to the Yolo bypass between Davis and Sacramento and watched as the mother bats left their babies under the bypass road way and soared into the sky to eat all the bugs they could find before returning back to feed their babies. Learning their importance to the local agriculture and how they help farmers from using so many pesticides was fascinating.